

6. The Medical Perspective of Marginalisation of Older Adults - The Example of Israel

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The “International Day of Older Persons” of the United Nations

**Marginalization of Older Persons in Society-
A Significant Health Risk**

The Medical Perspective

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Israel



Topics of Discussion

Overview of Older adult Population in Israel

**Marginalization of older adults-
The Medical Perspective**

What can be done?

Examples from the field in Israel

Older adults in Israel Demographic Overview

10 million people in Israel

1.2 million older Adults in Israel

12% of the population

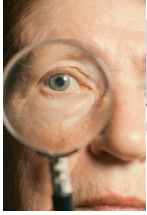
42% are aged 75 and above

30% receive government subsidized long-term
care nursing benefits



Marginalization of older adults

The Medical Perspective

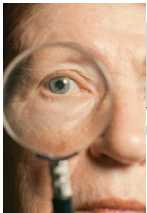


Marginalization - The Medical Perspective

Chronic Diseases

impacts the development and management of chronic conditions like heart disease, diabetes, and dementia

Factors Contributing to Chronic Disease



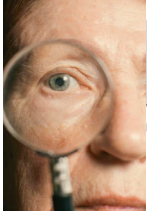
Marginalization - The Medical Perspective

Mental Health Disorders

Increases the risk for poor mental health outcomes like depression and anxiety

Factors Contributing to Mental Health Challenges





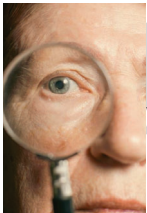
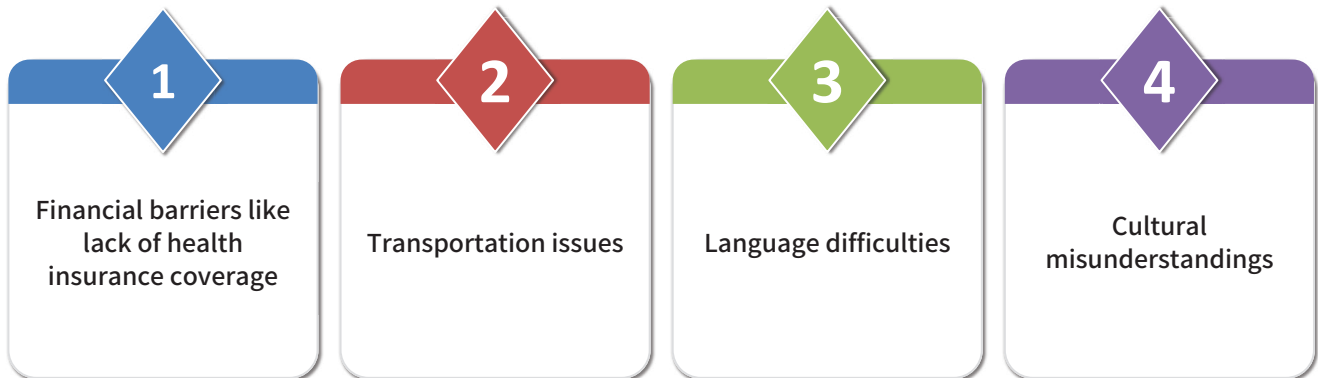
Marginalization - The Medical Perspective

Healthcare access and Utilization

Effects the access and usage of healthcare services

This disparity may lead to poorer health outcomes, higher morbidity rates, and increased healthcare costs.

Barriers to Healthcare Access



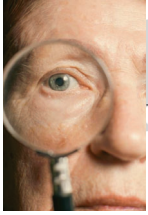
Marginalization - The Medical Perspective

Health Behaviors

Is often associated with unhealthy behaviors like smoking, poor diet, physical inactivity and excessive alcohol consumption

Factors Influencing Unhealthy Behaviors



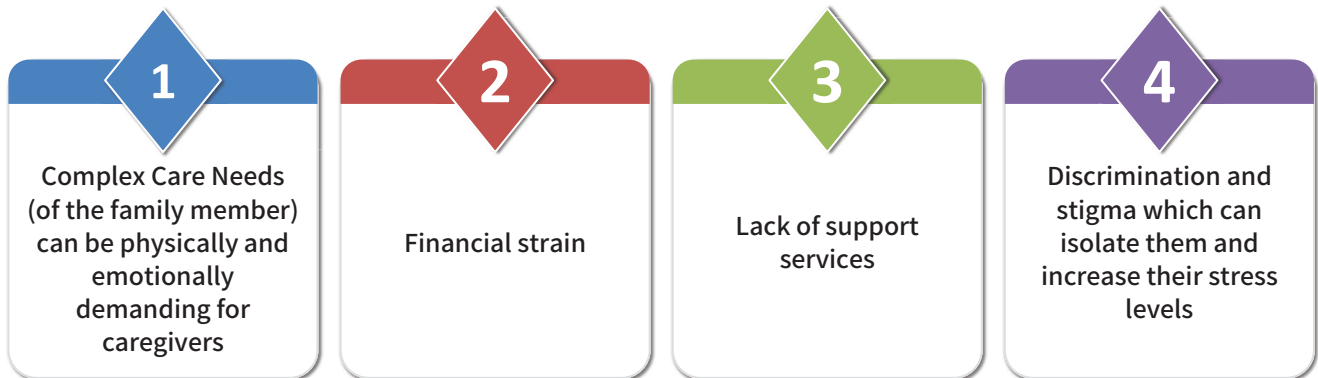


Marginalization - The Medical Perspective

Caregiver Burden

May increase caregiver burden and thus caregivers' health and well-being
Studies have documented that caregivers of marginalized older adults experience higher levels of stress and burnout.

Factors Contributing to Caregiver Burden



What can be done?

**Health is a state of complete physical, mental
and social well-being and not merely the
absence of disease or infirmity**



**World Health
Organization**

Holistic Approach



Holistic approach

A holistic approach to addressing the health issues faced by marginalized older adults is crucial for effective care.

A holistic approach involves multiple interconnected factors that contribute to general well-being.

This approach recognizes that health is influenced by a complex interplay of physical, psychological, social, and environmental factors and requires a coordinated effort across multiple sectors of society.



Examples of a Holistic Approach

Holistic Health Programs



Policy Advocacy



Continuity of Care



Caregiver Support



Community Engagement



Social Participation



Integrated Care Model



Economic Support



Access to Comprehensive Healthcare (culturally sensitive and accessible)



Technology and Telemedicine



Mental Health Support



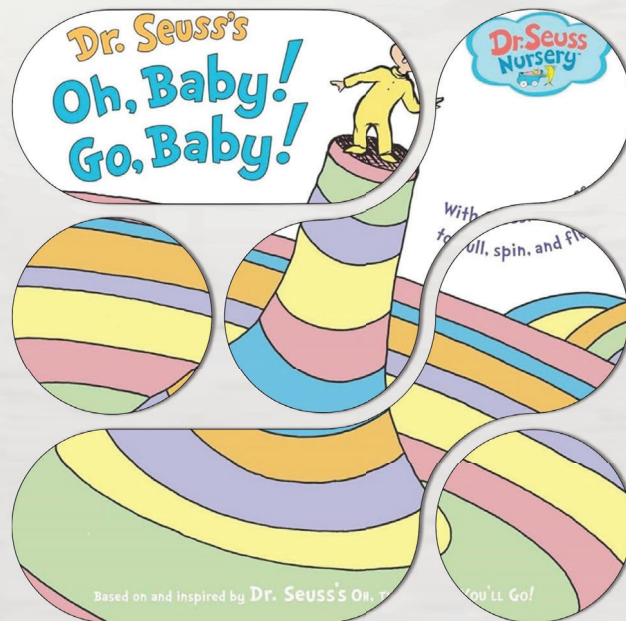
Training for Healthcare Providers



Research



Tour In Israel



Government point of view



4 laws to ensure the well-being of older adults

State Health Insurance Law

Every permanent resident of the State of Israel receives health services through one of the health insurance funds

The Nursing Law

The law provides state assistance for older adults who need help with daily functioning and wish to continue living in their home

The Senior Citizens Law

Provides various rights and benefits to senior citizens: discount on public transportation, bank fees, entrance to websites, museums, cinemas and shows

Pension Insurance

Requires all employers to set aside pension funds for employees immediately upon hire.



The Index Map For Optimal Aging

In July 2021, the Government of Israel adopted the Resolution 127

----National indices for optimal aging----

Health

Meaning in life

Economic
Resilience

----Predictive Indices For Optimal Aging----

Health
Management

Healthy
Lifestyle

Active Lifestyle

Financial
Preparedness

Digital Literacy

A horizontal predictive factor that affects all groups of indicators

4 Government offices

- Ministry of Health
- Ministry of Welfare and Social Affairs
- Ministry for Social Equality
- National insurance

Ministry of Health



Roles and Responsibilities

In health services

Encourages programs for early detection of risk factors and prevention of chronic morbidity

In hospitals

Strengthening and expanding programs to prevent further deterioration during hospitalization

Community

Significant partner of **MUNI-100**, that aims to promote optimal aging in local authorities.

Rehabilitation

Strengthening the rehabilitation system as well as creating a supportive and enabling operating environment for **caring family members**

Ministry of Health (2)



Roles and Responsibilities

Audit the quality of care for older adults in health services

Audit the quality of care for older adults in long long-term care hospitalization

Subsidizes long-term care hospitalization

National programs to address falls, dementia, palliative care

Ministry of Welfare and Social Affairs



From the “National indices for optimal aging”

Economic resilience

Meaning in life

Health



Ministry of Welfare and Social Affairs (2)

350 thousand older adults receive services in Israel



Nursing homes



Social clubs



clubs for needy older adults



Day centers



Manpower standards in municipalities



Programs to alleviate loneliness



Supportive communities

משרד הרווחה
והביטחון החברתי
מינהל אזרחים ותיקים



Ministry for Social Equality

*8840

Up 60+ center

Digital training

Classes of Senior Citizens in schools

Groups for caregiver family members

Sports in the park

Employment center

Senior Citizens in nature

Organization of volunteers who are Senior Citizens



המשרד
לשוויון חברתי



Aging in Place

*9696

Special department for senior citizens (managed by social workers)

Support groups for widows and widowers in all languages

Old age pension
Additional payment to all the adults with low income

Social visits for older adults who live alone, and those with significantly advanced age (90+)

Long-term care services at home
supervision and help with daily functions

Organization of volunteers who are senior citizens



Healthcare Services point of view



Maccabi Healthcare Services



Family doctors :

Golden Age Visit (computerised Comprehensive geriatric assessments (CGA) tool

Geriatric units:

Compressive geriatric assessments (CGA) clinics;
Home care unit;
consulting for the nursing homes unit

computer system:

Computerized index- Macabi frailty scale
(Hospitalizations, number of
(chronic diseases, falls, function and more)



Dr. Zorian Radomislasky
National Director of Geriatrics

Local Authorities point of view

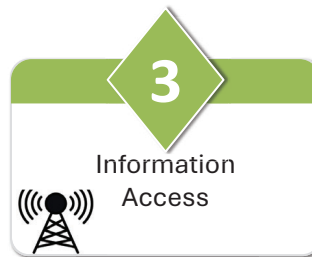
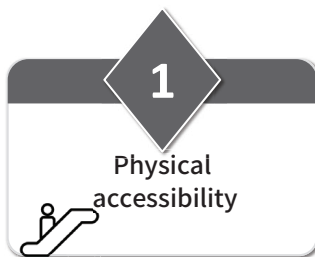


Muni 100

MUNI100: promoting optimal aging

Preparation of local authorities for the challenge of hosting a population who may reach 100 years of life

Based on learning from the 'Age Friendly Cities' model developed by the World Health Organization (WHO)



Muni 100

Tamra – An Arab Israeli town in the Northern Galilee



Amer :Senior citizens advisor for the municipality

Senior citizens in high school class
تواصل الأجيال



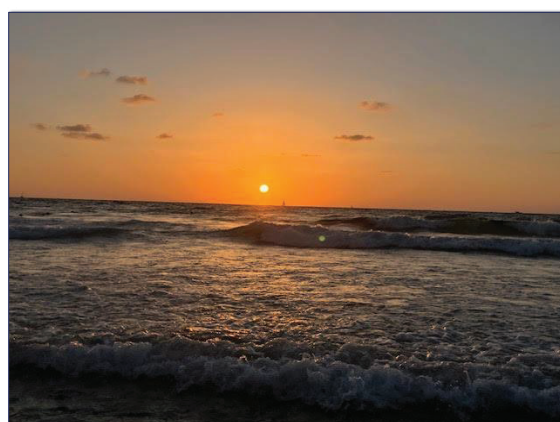
Muni 100

A Day center for frail adults in a town in the Galilee with a diverse cultural and religious population



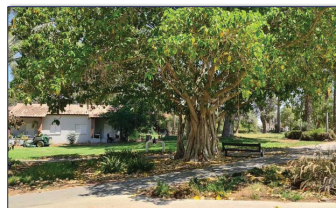
Muni 100

Tel Aviv – An ‘older age’ friendly city



Muni 100

Community Engagement – A kibbutz in the south (Kibbutz Be'eri)



From My Personal point of view



Leave no one behind!

as proclaimed under Goal No. 3:

“To ensure healthy lives and promoting well-being for all ages”

There is still more work to be done



More to do

**Reach more older adults
in the community**

**Addressing age
discrimination**

Continuity of care

**Connection between the health system
and the social system**

And more...

**The most
important element
to de-marginalize
of older adults**

Holidays





Happy and sweet new year
A year of health & peace
A year of prosperity for older people
Shana-Tova